

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7
Morning snack	Pitta bread, vegetable sticks with mint yogurt dip Milk or water to drink 2 7 ✓	Cream cheese with crackers and tomatoes Milk or water to drink 2 7 ✓	Cheese straws with dried fruit Milk or water to drink 2 4 7 ✓	Breadsticks with homemade houmous and cucumber Milk or water to drink 2 7 ✓	Cheese thins with sliced apple and cheese Milk or water to drink 2 7 ✓
Lunch	Beef meatballs with homemade tomato sauce and noodles Water to drink 13 1 2 4	Vegetable lasagne with garlic bread and a side salad Water to drink 5 2 7 1 ✓	Roast chicken with roast potatoes and seasonal vegetables Water to drink 1	Pork Stew with new potatoes Water to drink 1	Vegetable curry with rice and Naan bread Water to drink 2 1 9 13 ✓
Pudding	Fruit salad ✓	Greek yogurt and honey 2 ✓	Homemade carrot cake 2 4 7 ✓	Homemade semolina with jam 2 7 ✓	Homemade fruit pie and custard 2 7 ✓
Afternoon snack	Toasted muffins Milk or water to drink 2 7 ✓	Scotch pancakes with jam and honey Milk or water to drink 2 4 7 ✓	Homemade scones with jam Milk or water to drink 2 7 ✓	Crumpets Milk or water to drink 2 7 ✓	Waffles with honey and fruit Milk or water to drink 2 4 7 ✓
Tea	Jacket potato with tuna Water to drink 2 5	Homemade Cornish pasty with beans Water to drink 2	Broccoli pasta with a side salad. Water to drink 2 7 ✓	Cheese and bacon swirls with spaghetti Water to drink 2 7	Homemade ham, jam and cheese sandwiches with a side salad Water to drink 2 7
Pudding	Homemade shortbread biscuits 2 7 ✓	Homemade upside down cake 2 4 ✓	Jelly	Homemade chocolate brownies 2 4 7 ✓	Natural yogurt and honey 7 ✓

All dietary requirements are catered for and have a vegetarian alternative if it is not a vegetarian meal. All allergens are listed in RED

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7
Morning snack	Cheese straws with dried fruit Milk or water to drink 2 7 ✓	Breadsticks with homemade houmous and cucumber Milk or water to drink 2 7 ✓	Cream cheese with crackers and tomatoes Milk or water to drink 2 7 ✓	Cheese thins with sliced apple and cheese Milk or water to drink 2 4 7 ✓	Pitta bread, vegetable sticks with mint yogurt dip Milk or water to drink 2 7 ✓
Lunch	Shepherds pie and cauliflower cheese Water to drink 7 13 1	Quorn chilli with rice Water to drink 13 1 4 ✓	Roast gammon with roast potatoes and seasonal vegetables Water to drink	Vegetable pasta Bake Water to drink 4 7 2 ✓	Hunters chicken with couscous and seasonal vegetables Water to drink 1 2
Pudding	Rice pudding 2 7 ✓	Jam sponge 2 4 7 ✓	Greek yogurt and honey 7 ✓	Apricot tart with strawberry sauce 2 4 7 ✓	Homemade cheesecake 2 7 ✓
Afternoon snack	Crumpets Milk or water to drink 2 7 ✓	Toasted muffins Milk or water to drink 2 7 ✓	Scotch pancakes with jam and honey Milk or water to drink 2 4 7 ✓	Waffles with honey and fruit Milk or water to drink 2 7 ✓	Homemade scones with jam Milk or water to drink 2 4 7 ✓
Tea	Tuna and sweetcorn pasta Water to drink 2 5	Homemade sausage rolls with spaghetti Water to drink 2 9 4	Cheese on toast Water to drink 2 7 ✓	Jacket potato with beans Water to drink ✓	Homemade fish fingers with wedges and a side salad Water to drink 2 4
Pudding	Banana flapjacks 2 ✓	Fruit jelly	Angel delight 7 ✓	Homemade biscuits 7 ✓	Homemade fruit crumble & custard 2 7 ✓

All dietary requirements are catered for and have a vegetarian alternative if it is not a vegetarian meal. All allergens are listed in RED

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7
Morning snack	Breadsticks with homemade houmous and cucumber Milk or water to drink 2 7 ✓	Cheese thins with sliced apple and cheese Milk or water to drink 2 7 ✓	Pitta bread, vegetable sticks with mint yogurt dip Milk or water to drink 2 7 ✓	Cream cheese with crackers and tomatoes Milk or water to drink 2 7 ✓	Cheese straws with dried fruit Milk or water to drink 2 4 7 ✓
Lunch	Quorn sausage casserole with mashed potato and seasonal vegetables Water to drink 2 4 ✓	Savoury minced beef puff pastry pie with potatoes Water to drink 2 9	Vegetable lasagne with garlic bread and a side salad Water to drink 5 2 7 1 ✓	Roast turkey with roast potatoes and seasonal vegetables Water to drink	Vegetable burger with beans and a side salad Water to drink 2 4 1 ✓
Pudding	Fruit with angel delight 7 ✓	Homemade shortbread biscuits 2 7 ✓	Homemade semolina with jam 2 7 ✓	Jelly with single cream 7	Homemade gingerbread sponge 2 4 7 ✓
Afternoon snack	Scotch pancakes with jam and honey Milk or water to drink 2 4 7 ✓	Waffles with honey and fruit Milk or water to drink 2 4 7 ✓	Homemade scones with jam Milk or water to drink 2 7 ✓	Crumpets Milk or water to drink 2 7 ✓	Toasted muffins Milk or water to drink 2 7 ✓
Tea	Cheese, ham, cucumber and tomato sandwiches with a side salad Water to drink 7 2	Homemade pizza Water to drink 4 7	Potato wedges with mince and cheese Water to drink 7	Spaghetti on toast Water to drink 2 ✓	Quorn pieces and sweetcorn pasta Water to drink 7 4 2 ✓
Pudding	Homemade upside down cake 2 4 ✓	Natural yogurt with honey 7 ✓	Homemade oat and cinnamon cookies 2 4 7 ✓	Homemade fruit crumble and custard 2 7 ✓	Chocolate cornflake cakes 7 ✓

All dietary requirements are catered for and have a vegetarian alternative if it is not a vegetarian meal. All allergens are listed in RED

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of cereals with toast and a choice of toppings. Milk or water to drink <b>2 7</b>	A variety of cereals with toast and a choice of toppings. Milk or water to drink <b>2 7</b>	A variety of cereals with toast and a choice of toppings. Milk or water to drink <b>2 7</b>	A variety of cereals with toast and a choice of toppings. Milk or water to drink <b>2 7</b>	A variety of cereals with toast and a choice of toppings. Milk or water to drink <b>2 7</b>
Morning snack	Cream cheese with crackers and tomatoes  Milk or water to drink <b>2 4 7</b> ✓	Cheese straws with dried fruit Milk or water to drink <b>2 7</b> ✓	Cheese thins with sliced apple and cheese  Milk or water to drink <b>2 7</b> ✓	Pitta bread, vegetable sticks with mint yogurt dip Milk or water to drink <b>2 7</b> ✓	Breadsticks with homemade houmous and cucumber Milk or water to drink <b>2 7</b> ✓
Lunch	Spaghetti Bolognese with garlic bread and a side salad  Water to drink <b>2 1 7 13</b>	Chicken casserole with sweet potato mash and seasonal vegetables  Water to drink <b>7 1 13</b>	Homemade macaroni cheese with a side salad  Water to drink <b>2 7</b> ✓	Chickpea and spinach curry with rice and Naan bread  Water to drink <b>13 2 7</b> ✓	Roast pork, roast potatoes with seasonal vegetables and apple sauce Water to drink
Pudding	Homemade jam roly poly with custard <b>4 2 7</b> ✓	Homemade biscuits <b>2 7</b> ✓	Rice pudding <b>7</b> ✓	Jelly <b>7 2</b>	Fruit salad ✓
Afternoon snack	Homemade scones with jam  Milk or water to drink <b>2 7</b> ✓	Crumpets Milk or water to drink <b>2 7</b> ✓	Waffles with honey and fruit Milk or water to drink <b>2 4 7</b> ✓	Toasted muffins Milk or water to drink <b>2 7</b> ✓	Scotch pancakes with jam and honey Milk or water to drink <b>2 4 7</b> ✓
Tea	Cheese, ham, cucumber and tomato wraps with a side salad Water to drink <b>2 7</b>	Homemade pizza Water to drink <b>2 4 7</b> ✓	Jacket potato with quorn chilli  Water to drink <b>4 2</b>	Beans on toast Water to drink <b>2</b> ✓	Cheese and tomato pasta Water to drink <b>2 7</b> ✓
Pudding	Individual yogurts <b>7</b> ✓	Homemade carrot cake <b>2 7 4</b> ✓	Fresh fruit ✓	Homemade gingerbread biscuits <b>2 7</b> ✓	Angel delight <b>7</b> ✓

All dietary requirements are catered for and have a vegetarian alternative if it is not a vegetarian meal. All allergens are listed in **RED**