

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓
Morning snack	Toasted muffin Milk and water to drink 2 13 ✓	Tea cakes Milk and water to drink 2 7 13 ✓	Crumpets Milk and water to drink 2 7 ✓	Cupcakes Milk and water to drink 2 4 ✓	Banana cakes Milk and water to drink 2 ✓
Lunch	Beef meatballs in tomato sauce and noodles Water to drink 2	Roast chicken, roast potatoes and seasonal vegetables Water to drink 1 2	Beef lasagne with garlic bread and side salad Water to drink 1 2 7	Turkey stew with new potatoes Water to drink 1	Vegetable chilli with rice and naan bread Water to drink 1 2 7 9 ✓
Pudding	Fruit salad ✓	Greek yoghurt and honey 7 ✓	Jelly	Angel delight 7 ✓	Apple crumble with custard 2 7 ✓
Afternoon snack	Pitta bread with salsa dip Milk and water to drink 2 ✓	Crackers with butter, sliced cheese and cucumber sticks Milk and water to drink 2 7 ✓	Breadsticks with homemade houmous and carrot sticks Milk and water to drink 2 ✓	Water Biscuit with cream cheese & sliced tomatoes Milk and water to drink 2 7 ✓	Cheese thins with sliced apple Milk and water to drink 2 7 ✓
Tea	Fish fingers with mashed potato and spaghetti Water to drink 2 5 ✓	Sausage with swede and carrot mash Water to drink 2	Quiche with side salad Water to drink 7 ✓	Homemade margherita pizza Water to drink 2 7 ✓	Cornish pasty with beans Water to drink 1 2
Pudding	Shortbread biscuit 2 ✓	Homemade upside down cake 2 4 ✓	Fresh Fruit ✓	Rock Cake 2 4 7 ✓	Individual yogurts 7 ✓

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓
Morning snack	Tea cakes 2 7 ✓	Crumpets Milk and water to drink 2 7 ✓	Cupcakes Milk and water to drink 2 4 ✓	Banana cake Milk and water to drink 2 4 ✓	Toasted muffin Milk and water to drink 2 13 ✓
Lunch	Chicken and leek pie with new potatoes Water to drink 1 2	Vegetable chilli with rice Water to drink 1 9 ✓	Roast gammon, roast potatoes and seasonal vegetables Water to drink 1 2	Vegetable pasta bake Water to drink 2 ✓	Shepherds pie with seasonal vegetables Water to drink 1
Pudding	Choc chip muffins 2 4 7 ✓	Individual yogurts 2 ✓	Fruit salad ✓	Apple sponge with custard 2 4 7 ✓	Jelly
Afternoon snack	Water Biscuits with cream cheese & sliced tomatoes Milk and water to drink 2 7 13 ✓	Breadsticks with homemade houmous and carrot sticks Milk and water to drink 2 ✓	Crackers with butter, sliced cheese and cucumber sticks Milk and water to drink 2 7 ✓	Cheese thins with sliced apple Milk and water to drink 2 7 ✓	Pitta bread with salsa dip Milk and water to drink 2 ✓
Tea	Cheese and ham toasties Water to drink 2 7	Jacket potato with cheese Water to drink 7 ✓	Sausage rolls with spaghetti Water to drink 2	Chicken goujons with wedges and beans Water to drink	✓ Homemade vegetable pizza Water to drink 2 7
Pudding	Rice pudding 7 ✓	Angel delight 2 7 ✓	Greek yoghurt with honey 7 ✓	Jam tarts 2 ✓	Chocolate shortbread 2 7 ✓

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓	A variety of cereals with toast and a choice of toppings. Milk or water to drink 2 7 ✓
Morning snack	Crumpets Milk and water to drink 2 7 ✓	Cupcakes Milk and water to drink 2 4 ✓	Banana Cake Milk and water to drink 2 4 ✓	Toasted muffin Milk and water to drink 2 13 ✓	Tea cakes Milk and water to drink 2 7 13 ✓
Lunch	Sausage and mash with gravy Water to drink 1	Spaghetti bolognese with garlic bread Water to drink 2	Chicken curry with rice Water to drink 1 2 7 9	Vegetable noodles Water to drink 1 4 ✓	Roast turkey, roast potato and seasonal vegetables Water to drink 1 2
Pudding	Individual yogurts 7 ✓	Apple crumble with custard 2 7 ✓	Angel delight 7 ✓	Rice pudding 7 ✓	Homemade muffins 2 4 7 ✓
Afternoon snack	Breadsticks with homemade houmous and carrot sticks Milk and water to drink 2 ✓	Cheese thins with sliced apple Milk and water to drink 2 7 ✓	Pitta bread with salsa dip Milk and water to drink 2 ✓	Crackers with butter, sliced cheese and cucumber sticks Milk and water to drink 2 7 ✓	Water biscuit with cream cheese & sliced tomatoes Milk and water to drink 2 7 ✓
Tea	Cheese on toast water to drink 2 ✓	Homemade margherita pizza Water to drink 2 7 ✓	Jacket Potato with mince Water to drink 2	Cheese and tomato swirls and beans Water to drink 2 7 ✓	Fish bites with spaghetti Water to drink 2 5 ✓
Pudding	Jam tarts 2 ✓	Jelly	Sponge and cream 2 4 7 ✓	Greek yogurt and honey 7 ✓	Chocolate cornflake cakes 7 ✓